

Summer Term 2024

With the summer holidays approaching, we are mindful children may spend more time outdoors. Being excited about spending time with family and friends they may overlook how to keep themselves safe. This newsletter will offer support and advice to families in order to have a safe and enjoyable summer.

Being outdoors

Over the summer it is important your child has opportunities to be outdoors as this will support their emotional wellbeing. It may be your child plays in the local park or your garden at home. They may go for walks in the local community or visit different places. It is important your child understands how to keep themselves safe.



Top tips!

Road safety—Ensure your children know how to cross the road safely. When young children are out and about with friends and family, they can become easily distracted or may take risks when crossing the road. Ensure your children understand the dangers of oncoming traffic and safe places to cross. You could remind them of the Stop, Look and Listen rule before crossing.



Separation—Talk to your child about what they can do if they become separated from their adult in public spaces. A police officer would be a good person to ask for help but they are not always around. While you'll never exactly know who is safe and who isn't a parent with their own child is usually a good choice. Adults working in a public building such as a supermarket, bank, library, post office would be good choices too.



Stranger danger—It is a good idea not to have anything visible with your child's name on like rucksacks, tops, bracelets when out in public spaces. If a stranger is able to easily read their name, they'll be able to address them by it, meaning your child is more likely to trust them. Speak to your child about the importance of staying in view of their responsible adult and not wandering off with anyone they do not know. This would include unfamiliar children as well as adults.



Pool and garden safety—Many children enjoy the paddling pool in the garden over the summer. Please ensure they are supervised at all times, there is a risk of drowning even in a few inches of shallow water. Please check the water temperature is not too hot or cold before allowing your child to use it and be aware of slips and falls in and out of the pool, as the floor around the pool will become slippery. Please ensure there is nothing sharp in the garden your child could hurt themselves with. Ensure all garden tools are locked away safely and your child only plays with items which are age appropriate.

